

Office – University Students Activity Council
Harcourt Butler Technical University, Kanpur - 208002

Ref. No. - 1133/USAC/2020

Date: - 01/12/2020

:: Notice ::

With reference to F. no. 13-137 2020 TC Govt. of India, Ministry of Education, Department of Higher Education (Shashtri Bhawan, New Delhi) dated 13th Nov., 2020 and letter no. 546/R.O./Govt./2020 dated 20th Nov., 2020, HBTU Kanpur regarding "फिटनेस का डोज - अघा घंटा रोज" under **Fit India Movement** activity in Higher Education Institutions (H.E.Is.) for faculty members, staff and students.

In this Connection, University is pleased to propose the following schedule for faculty members, staff and students. All are required to follow mandatory Covid-19 guidelines as per Govt. directives.

1. You are required to download Fit India App for fitness assessment and encourage others to do so.
2. The videos, lecture and demonstration for the development of physical fitness will be provided by undersigned soon via link. (link will be provided in respective whatsapp groups)
3. Fit India Cyclothon (cycling) is to be organised from 7th to 31st Dec., 2020 daily at 08:00 A.M. from West Campus (WCH-1) play ground to A.I.T.H. gate (via WCH-2, WCH-3 and WCH-4) and return back to WCH-1 play ground.


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(Dr. Vikas Yadav)

Deputy Secretary/Physical Instructor
H.B.T.U., Kanpur

Copy to: The following for information and necessary action,

- 1- All Deans/HODs/Section Incharge, HBTU Kanpur.
- 2- Finance Controller/COE, HBTU Kanpur.
- 3- Chairman/Secretary/Conveners USAC, HBTU Kanpur.
- 4- Pro-Vice Chancellor, HBTU Kanpur.
- 5- Registrar, HBTU Kanpur.
- 6- System Manager to upload on the University Website.
- 7- Staff Officer, Vice Chancellor Secretariat, for bringing it to the kind notice of Hon'ble Vice Chancellor.
- 8- Medical Officer/Workshop Superintendent.


01/12/2020

(Dr. Vikas Yadav)

Deputy Secretary/Physical Instructor
H.B.T.U., Kanpur

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