

हरकोर्ट बटलर प्राविधिक विश्वविद्यालय

नवाबगंज, कानपुर - 208002, उ.प्र., भारत

HARCOURT BUTLER TECHNICAL UNIVERSITY

NAWABGANJ, KANPUR - 208002, U.P., INDIA

(Formerly Harcourt Butler Technological Institute, Kanpur)

Phone: +91-0512-2534001-5, 2533812, website: http://www.hbtu.ac.in, Email: vc@hbtu.ac.in



SDG 3: Good Health and Well-Being

(Ensure Healthy Lives and Promote Well-Being for all at All Ages)

Relevance

HBTU Kanpur is committed to ensuring healthy lives and promoting well-being for all by focusing on healthcare access, nutritional support, and awareness programs. The university integrates its expertise in technology and community outreach to foster a healthier environment for students, staff, and the broader community.

Policy/Guidelines of the Institute

- **Educational Outreach**: Woman Study Centre supervises events aimed at improving educational facilities in rural areas, contributing to long-term food security through enhanced education and awareness.
- **Student Health**: A medical insurance policy is provided for students, ensuring access to healthcare and supporting their overall well-being.

Current Interventions

- Community Health and Well-being: NSS organizes
 - Blood donation camps to support community health.
 - Health checkup camps to monitor and improve well-being.
 - Awareness campaigns through special programs and street plays (*nukkad natak*) on hygiene, mental health, and preventive healthcare.
 - Distribution of nutritious baskets to TB patients.
 - Distribution of sanitary pads to women.

Future Plans

- Strengthening Campus Health Facilities: Expanding medical and counseling support services and partnering with hospitals and healthcare organizations to enhance student wellbeing.
- **Health & Wellness Programs:** Organizing yoga sessions, stress management workshops, and fitness initiatives to promote holistic well-being.

Medical Support:

- First-aid and basic healthcare facilities are available on campus.
- Efforts are made to promote student well-being through awareness programs and counseling support.



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Support for Needy Workers: Winter clothes distribution ensures health and well-being, especially for vulnerable workers during extreme weather conditions.