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An Appeal

Dear students

Needless to mention that the second wave of Corona pandemic has affected our country so badly that despite the strict precautions enforced against it, we faced a lot of challenges in different forms. Different parts of the country are still passing through a fight against global pandemic due to mutating nature of novel Corona virus leading to COVID-19 disease. A small inadvertent mistake may even create havoc in our lives.

Apart from medical interventions available to treat the COVID-19 infection, the role of nonpharmaceutical prevention strategies in the form of *social distancing, wearing of face cover/mask, washing hands regularly with soap and/or sanitizer, avoiding public gatherings etc.* is of paramount importance to stop escalation of this contagious infection. Being a responsible citizen, it is our prime duty to support the government move to help control the transmission of COVID-19 infection by adopting the *COVID APPROPRIATE BEHAVIOR* and strictly follow safety guidelines/health protocol issued from time to time.

My dear young friends, it is humble appeal to all of you to strictly follow Govt. directives and help contribute to eradicate the menace of Corona infection. Please strictly adhere to the precautionary measures, some of which are given below,

- 1. Always wear recommended face cover/mask properly
- 2. Strictly maintain social distancing
- 3. Keep washing your hands with soap and/or sanitizer and maintain personal hygiene
- 4. Avoid social gatherings/ crowded places
- 5. Do not spit in public places
- 6. Adopt COVID APPROPRIATE BEHAVIOR and follow SOP
- 7. Call on your family doctor in case of any adverse observation
- 8. Keep your morale high and do Yoga/exercise to keep yourself fit

The government has taken all necessary measures including mass vaccination drive for different age groups to contain the transmission of Corona infection. You are, therefore, advised to take active part in vaccination drive and get yourself vaccinated, if eligible. Moreover, also motivate and encourage your family members/relatives and community members to get themselves vaccinated whenever their turn appears. The success of the drive will not only safeguard our lives but also save the interest of the nation.

Let us pledge to defeat this mutating COVID-19 virus.

(Prof. Ram Naresh) PS: Please share to all students groups.